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WOMEN'S MONTHLY

32 PAGE MAGAZINE
Make it

Beauty secrets

Beauty editor Sarah Cooper-White reveals all the new trends, tricks & buys



Fruit smoothies for your body

Brighten up your bathroom with zingy products from The Pink Cow – a new, juicy-fresh range of shower gels and scrubs (Boots stores nationwide). Smell good enough to eat with **The Pink Cow Lemon Cheesecake Bath & Shower Gel**, £2.99, and **The Pink Cow Strawberry Sundae Bath & Shower Gel**, £2.99.



Brush up your act

Goody's new hairbrushes are truly fabulous. There are combs that detangle, brushes to straighten or curl, and finishing tools to boost shine and smooth frizz. Our faves are **Blow Dry It Straight Quick Dry Ceramic Brush**, £9.49; **Pump Up Curis Ceramic Round Brush**, £9.99; and **Ouchless Finishing Paddle Brush**, £9.99.

We've got a set of Goody's brushes to give away, worth £29.47! Just go to page 123 and tick ESSTREAT1 07 – you can enter by text and phone, too.

WIN with essentials



Nature's way

Natural mineral make-up is kinder to your skin and has fewer chemical irritants. We can't get enough of **Inika Lip Whip** lip gloss, £14, **Mineral Mascara**, £14, and bright, long-lasting **Mineral Eyeshadow**, £10.50 (inikacosmetics.co.uk).



BEAUTY DIRECT

Direct selling is booming in the UK and Amway is the latest company to hit our radar. We love the Artistry Essentials range – an affordable but luxurious three-step regime, combining a cleanser, a toner (£11.30 each) and a moisturiser (£15.27). For a catalogue, call 01908 6239466.



Get gorgeous skin with Murad

We're big fans of Murad skincare products and this great-value starter pack contains all you need to get your complexion looking fabulous. **Clarifying Cleanser** (200ml) Calms and cools. **Exfoliating Blemish Gel** (100ml) Gently lifts pore-clogging impurities and fights bacteria. **Skin Perfecting Lotion** (50ml) An oil-free moisturiser that hydrates, and minimises pores. **Blemish Target Formula** (15ml) Speeds healing. **The Murad Blemish Complex Kit** costs £29.95 (plus £2.99 p&p) instead of the usual £60.



TO ORDER using Maestro, MasterCard or Visa, and for terms and conditions, call 0800 138 0088* (quote XES247, code 043E06). Closing date 4 May 2010.

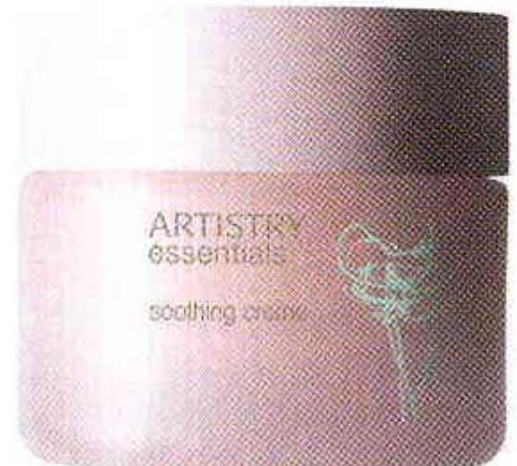


NEWS FLASH!

Must-have
We've all heard how good pentapeptides and retinol are for plumping up lines and wrinkles. **Age Defy Serum**, £39.95, combines both for a double whammy, youth-boosting treatment.

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